



Comhgairdeas

Congratulations to all at Eochaill Óg on winning the **LEE FLAG Rebel Óg Silver Category** competition for 2014. This is a very prestigious honour bestowed on the club and is a recognition by Rebel Óg and the Cork County Board of all the hard work done by <u>all</u> in Eochaill Óg in developing, promoting the games and fostering, coaching children to play hurling and football. Comhgairdeas go leir.



Pic - Rebel Óg Sean Crowley and Kevin O Callaghan presenting Eochaill Óg Cathaoirleach Alan Geary and Runaí Andrew Murphy with Silver Prize category winner's cheque recently.

OiNeills

RESULTS

18 Feb	Fé14BF	Youghal 5-04	vs			
Fr O'Neills 4-07 (challenge						
24 Feb	Fé16BF	Youghal 3-04	vs			
	(challenge)					
26 Feb	Fé18AFL	Youghal 1-07	vs			
St Colmans 7-10						
02 Mar	Fé16BFL	Youghal 5-16	vs			
St Colmans 2-08						
03 Mar	Fé12F	Youghal 5-07	vs			
Killeagh/Ita's 4-05			(challenge)			

FIXTURES

07 Mar - 4pm	Fé16BFL2	Bride Rovers vs Youghal
08 Mar - 11am	Fe14BFL	Whitescross vs Youghal
12 Mar - 8pm	Fe18AFL2	Youghal vs Killeagh Itas
14 Mar - 4pm	Fé12FLCP2	Sliabh Rua vs Youghal
21 Mar - 2pm	Fé11FL2	Youghal vs St Colmans
21 Mar - 2pm	Fé12FLCP2	Youghal vs Valley Rvrs
22 Mar - 11.30	Fé16BFL2	Youghal vs Mayfield

(1st team named in fixtures above, plays at home)

Coaching Workshops with Eamonn Ryan & Gerry Wallace

On the 13th January a large attendance of coaches from Eochaill Óg, Ladies Football and Camogie gathered at Club Aras to pick up some words of wisdom from **Eamonn Ryan**, multi All-Ireland winner with Cork Ladies Football Team. On what was an appalling night, with snow falling heavily outside, the large crowd was testiment to the respect held for Eamonn througout the club.

Eamonn concentrated on the basics of gaelic football and put on a very interesting session and everyone left enthralled and enlightened by the man. It was easy to see why he is so successful and teams want to play for him.



(Pic - Eamonn Ryan with the coaches)

On the 28th January **Gerry Wallace** held another training workshop and interested coaches once again turned out in force to gain some golden nuggets of information. Gerry discussed the basic principles of good coaching and also performed a practical demonstration in the hall, focusing on hurling.

Overall both workshops were very productive and here's hoping the advice heeded will pay dividends for all Youghal teams in the forthcoming season. Big thanks to Aidan Foley for organizing both workshops.

It was certainly a busy January as huge numbers turned out and successfully completed Level 1 Coaching Courses and Child Welfare courses over January.

Well done to all!!

Youghal GAA - Underage Membership for 2015

Child born in 2010 - €10 Non playing adult & 1 child - €90

Child born in 2007 – 2009 - €30 2 non playing adults & 2 children - €150

Child born in 1997 - 2010 - €50 2 non playing adults & 3 or more children - €180

NOTE: Reduction of €50 for adults that contribute to the €5/week scheme

Please make sure you have completed the ONE CLUB Juvenile Membership form, Parental Registration form and Players Code of Conduct (3 forms in total) when paying your membership.

Thank you.



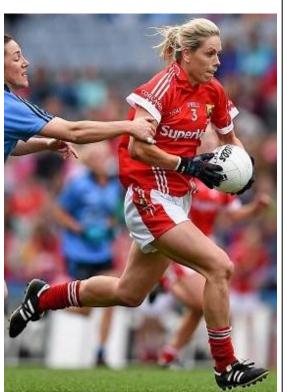


TIME OUT with Cork Camogie and Ladies Football Legend..... Angela Walsh

- 1. What advice would you give to young players starting off in the game? Give it 100% every time you train or play games. Enjoy it.
- Favourite Sporting Moment from last year? The comeback in the All Ireland Final.
- 3. Your favourite film?

The Hangover. Always laugh out loud even though I've seen it many times.

- 4. How do you balance codes, camogie and ladies football? Eat well and get lots of sleep to be able to play both. Understanding and communication between coaches is also very important.
- What's your favourite food? Mexican.
- 6. Toughest player you played against? Cora Staunton. She's very hard to stop when she gets the ball.
- 7. What is the most important skill in camogie? All of them. A good strike is essential.
- 8. How often do you practice the skills of ladies football? It's quality rather than quantity. If you do something right 10 times it's better than giving half effort and doing it 100 times.
- What's your favourite song? Not much of a music person. Whatever is on the radio.
- 10. Who was your sporting hero when you were a small girl? I was into athletics as a young girl and Sonia O' Sullivan was my hero. As I got more into GAA I looked up to Mary O' Connor and Fiona O' Driscoll.
- 11. How important is the club to you? Very important. It's the people you grow up with and you always make the best of friends with these people who train hard beside you.
- 12. Who or what has been the biggest influence on your career to date? My parents, Noel O Connor and Eamonn Ryan.
- *13.* Do you have any pre-match rituals? I used to be a lot more superstitious when I was younger. Now I just get to bed early with my bag packed and tracksuit laid out for the morning.



Training Times

Eochaill Óg - Hurling & Football

Fé 5/6 - Sat 11.30am (Boys & Girls)

Fé 7 - Sat 10.30am (Boys & Girls)

Fé 8 - Mon 6pm & Sat 10.30am

Fé 9 - Sat 9.30am

Fé 10 - Mon 7pm & Sat 11.30am

Fé 11 - Wed 7pm & Sat 10am

Fé 12 - Tues 5.45pm & Sat 1pm

Fé 13/14 – Wed 5.30pm & Sun 3pm

Fé 15/16 - Mon 8pm & Wed 8pm

Minor - Thursday 7pm

Manager - Aidan Foley (087) 2201246

Manager - Brendan Coleman (087) 1278732

Manager - John O Sullivan (086) 8258516

Manager - John Lynch (087) 2230693

Manager - Vincent Murray (083) 1009449

Manager - H Nicholson (086) 3206788

Manager - Alan Geary (087) 4188632

Manager - Hugh Dorrian (087) 7625287

Manager - Joe Kirk (087) 2306621

Manager - Eoin Coleman (086) 8767073

NOTE - All times and days are subject to change, especially when the clocks go forward in a couple of weeks, so please contact respective manager for confirmation.

Thank you.

Mí-ámharach

Hard luck to Pobalscoil na Tríonóide Youghal as they were pipped at the post in the recent Harty Cup Quarter Final. There were dramatic scenes as Castletroy College booked a first ever semi-final spot in the Harty Cup with a thrilling 1-14 to 0-16 win over Youghal. The Limerick city secondary school scored 1-2 in injury time of this quarter-final tie to turn the game on its head.

Indeed as the end of the 60-minutes approached Youghal were 0-16 to 0-11 ahead. Then came the unlikely late charge from Castletroy, who snatched the late winner in the fourth minute of injury time.

Well done to all involved in a great journey of this prestigious schools competition.



Pic - Andrew Joyce (Pobalscoil)

Recycling

If you have any old helmets, hurleys or football boots etc. that you are not using and that we can pass onto other children when they are starting off, then please drop these into the Club. All would be very much appreciated.



Club Facility

Any members that need to hire the hall or bar please contact our Facility Manager, Ken Bulman on 086-6013225 or email kenbulman@gmail.com

Thank you.

Lotto

Jackpot is currently at **€3,850** next draw Monday, 9th March.

Tickets costing €2 are available from the usual outlets and at the club.







Comhgairdeas

Congratulations to Clonpriest NS who won a 4th Class indoor hurling competition on the 27th January in Little Island.

It was a great achievement for all the pupils involved as they won all their matches, culminating in defeating Glounthaune NS in a very closely contested final, in a score of 3-2.

They now move on to the County Finals, which are played at the Na Piarsaigh indoor hall next Wednesday 11th March at 12 noon.

Best of luck to all concerned....

From little acorns, big things grow......

CLUB SOCIAL

Youghal GAA Club is holding its Annual Social on March 16th in Club Aras.

Ticket price of only €20 each, which will include a sit down 2 course meal which is served, live music and disco to finish up.

Adult team medals and individual awards including Club Person of the Year will be presented on the night.

It promises to be another great night, so we are hoping to have a strong representation from the Eochaill Óg.

Hope to see you all there......

Cúrsaí Cultúrtha

Ghlac na daoine seo a leanas páirt ins na Comórtaisí Scór i mbliana. Táimid an-bhuíoch do gach éinne a chabhraigh linn, go háirithe, Gaelscoil Choráin, Pobalscoil na Tríonóide, tuismitheoirí agus Aoife de Buitléir.

Scór na bPáistí

Amhránaíocht Aonair: Aithriseoireacht/Scéalaíocht:

Ruby Dewick Niamh Ní Fhlaithmhín
Caitlín Ní Mhurchú Kayleigh Ní Mhainnín
Miriam Nic Innéirí Riann Ní Chonaill

Caitlín Nic Cárthaigh Emily Nic an Ghallóglaigh

Caitlín Ní Mhaoldomhnaigh

<u>Tráth na gCeisteanna:</u>

Conchúr Ó Ciniféic

Ceol Aonair:

Evan Villis

Emma Ní Chonaill

Caoimhe Nic Stiofáin Darragh Ó Ciniféic

Miriam Nic Innéirí

Emily Nic an Ghallóglaigh

Scór na nÓg

<u>Aithriseoireacht/Scéalaíocht:</u> <u>Tráth na gCeisteanna Boird:</u>

Caitlin Ní Órsaigh Antóin Ó Flaimhín
Alan Ó Flaimhín

Ceol Uirlise: Liam Foiréis

Ailbhe Ní Ghrifín

Couise Ní Dhíomsaigh

Cara Ní Ghrifín Aoife Ní Néill
Cara Nic Eochaidh Ellen Ní Bhriain
Caoimhín Ó Drisceoil Erin Ní Ghealbháin

Cian de Buitléir-Ó Colmáin

Scór Sinsir

Amhránaíocht Aonair: Leah Ní Eachtigheirn

Tráth na gCeisteanna Boird: Cáit Uí Shúilleabháin, Liam Ó Cearúill, Micheál Breathnach agus Déaglán

Ó hAonghusa

Shroich Ruby Dewick (Amhránaíocht Aonair) agus Miriam Nic Innéirí (Ceol Aonair) Comórtaisí Ceannais Scór na bPáistí Uí Mac Coille a bhí ar siúl ar an Domhnach 1 Márta i gCnocán na Biolraí agus bhuaigh Miriam. Tá sí anois ag dul ar aghaidh chuig Comórtaisí Leath-Cheannais Chorcaí a bheidh ar siúl ar an Satharn 7ú Márta in Éire Óg, na hUaimheanna ag tosnú ag a 7.00 i.n.

Comhghairdeas agus gach dea-ghuí!







Awards Night

Youghal GAA Awards Night was held on 24th January 2015 and once again a huge crowd turned out in force. It was certainly a happy occasion as numerous medals and certificates were presented to all teams on the night. From team awards to individual awards and even some adults got into the mood as they received Coaching Certs and Child Welfare Certs. Well done to all and here is hoping for a successful 2015 on the playing field.

















Stars of the past...



See can you name the year and each of these players. We will have the answers for you in the next edition.

This photo is one of many that **Assumpta Parker** is collecting and archiving as part of an initiative to build up a photographic history of the club.

If you have any old photos then please contact Assumpta at 087-1274418. All photos will be copied and <u>returned</u> without delay.

Notice Board

If any parent is looking to get involved our **Parents Committee**, could you please contact Sinead Swayne, who will be heading up this committee for 2015. During the year the committee helps with the Kellogs Cúl Camp, Inter Schools Days, Awards Night, Christmas Party and fundraising events.

If anyone would wish to include anything on our Youghal News articles each fortnight going forward, can you please email our PRO Jillian Corcoran at jilliancorcoran@gmail.com

Finally if anyone would wish to include anything on our newsletter or anyone wishing to be added to mailing list for the newsletter etc, can you email our Runaí Andrew Murphy at Secretarybng.youghal.cork@gaa.ie





Youghal Ladies Football Notes:

Ladies U14 football:

Youghal Ladies Football gets off to a great league Start.....

On a freezing but dry Saturday afternoon in late January, Youghal Ladies Football Team played host to Cobh in the opening U14 League game of the year.

Youghal got off to a good start with two quick points from Rebecca Arthur and Niamh Flavin with Rebecca punishing Cobh from a mistake in the back with a great goal.

Youghal piled on the pressure with a lovely point taken by Aoife Farrell who ran from mid field to strike the ball stylishly over the bar and from Eabha Walsh scoring from frees.

Youghal's defence lead by the their captain Ellie Leamy soaked up any pressure from Cobh and an on form Eabha Walsh and Kate Galvin moved Youghal into a dominant position. With control over the game, Youghal piled on the points from Kate Galvin and Eabha Walsh and goals from Sorcha Connolly, Rebecca Arthur and Niamh Flavin they quickly put the game beyond Cobh.

The game finished up with a strong win by Youghal.

Team: Roisin Connolly, Lesley Cashman, Mary Sarkunatie, Abby Goggin, Leah Keating, Sarah Barry, Ellie Leamy(C), Kate Galvin, Éabha Walsh, Ciara Kiely, Sorcha Connolly, Aoife Farrell, Caoimhe O'Mahony, Niamh Flavin, Rebecca Arthur, Niamh Galvin, Sarah O'Sullivan, Sarah O'Connor, Aisling White, Caoimhe Crowley, Amy Rusk.

Under 12 Football:

Youghal under 12 ladies football like to notify all parents and players that Youghal under 12 girls footballers will be starting back to training on Saturday 7th February at 10.30am at the Gaa Club. We will also notify parents by text prior to this date.

New girls are more than welcome to come and give football a try.

Any queries to Paul Kennedy on 087-2892031 please.

Under 8 Football:

It is planned (weather permitting) to commence training on Saturday 14th of February for the under 8 ladies in the top field. All parents that have expressed an interest will be notified by text in advance.

In a continuation of the training schedule devised last year it is planned to break down the session as follows -

10.30 to 10.45 warm up and some general exercise

10.45 to 11.15 ladies football

11.15 to 11.45 Camogie

11.45 to 12.00 games

Any U8 queries please feel free to call Tony on 086-6026815.

For young ladies just beginning there is some equipment available, please if possible provide your daughter with her own gum shield and shin guards as this is a minimum requirement.

If the last number of years are anything to go by the girls will make new friends, learn to be a part of a team and get some fresh air and exercise. Some girls may experience withdrawal systems from various electronic devices but this will dissipate by mid March!!!!



Pic - U12LGF receiving medals at the Awards Night





YOUGHAL CAMOGIE NOTES

UNDER-AGE TRAINING

Despite the cold, all teams have returned to training over recent weeks. There are huge numbers turning up in some of the groups. Some girls haven't returned yet to training so we would urge them to get involved as soon as possible. Go Games & U12 league games will be starting in the near future so the season is about to kick off!

UNDER 14 LEAGUE

We have been drawn with Crosshaven, Erin's Own, Blackrock, Nemo Rangers, Ballinascarthy & Castlelyons. First game is a home clash with Crosshaven on or about March 20th next.

UNDER 16 LEAGUE

We have been drawn with St. Catherines, Killeagh, Fr. O'Neills, Cobh, St. Vincents & Dungourney. First game is a home clash with St. Catherines on or about March 11th next.

UNDER 18 LEAGUE

We have been drawn with Inniscarra, Banteer, Newtownshandrum & Sliabh Rua. First game is a home clash with Inniscarra on or about March 15th next.

JUNIOR CAMOGIE

Junior training re-commences on Weds March 11th next at 7pm. We have a number of young players coming through from under 16 ranks this year as well as a number of girls who were unavailable last year. So we are looking forward to having a good year.

In the upcoming league, we have been drawn with Bride Rovers, Watergrasshill, Newcestown & St. Vincents. First game is on or about April 1st next.

LEVEL 1 COACHING COURSE

We are delighted to host the Level 1 Coaching Course over recent weeks - the Club had six participants on the course.



All club coaches have now got their Foundation Level and/or Level 1 coaching badges. It is vital that all coaches put this learning into practice. In particular, the Club wants to see the "Camogie Player Pathway" used by all coaches to ensure that player skills are developed in a systematic way.

CAMOGIE CLUB JOINS YOUGHAL GAA CLUB

The Club held an Extraordinary General Meeting on January 30th last at which it was unanimously decided to join Youghal GAA Club. The Club will now be operated as a sub-committee of the GAA Club. This is a very positive development for our Club and it means that the sports of hurling, football, ladies football & Camogie will all be hosted & promoted under the one umbrella.

CLUB SOCIAL

Youghal GAA Club is holding its Annual Social on March 16th next with ticket prices only €20. It should be a great night, so we are hoping to have a strong representation from the Camogie Club.

YOUGHAL CAMOGIE SUPPORTS MERCY HOSPITAL CANCER UNIT

The Club is honoured to have been invited to front this fund-raising initiative which is the talk of the town! A hugely successful Coffee Morning was held on Feb 21st last. The Club would also like to thank Eochaill Óg for their generous donation following their recent Puc Fada. The next event is a Table Quiz on Friday March 20th next at 9pm. €30 per team. Please come along & support. The major event for the year will be the Cork City Marathon on June 1st next. We already have approx 80 relay & full marathon runners signed up. Sponsorship cards are out so please support the guys & gals who are training hard for the challenge!