



CLG EOCHAIL GAZETTE

Issue 1 April 2019

Chairperson's Address

On behalf of Eochail Óg, Camogie, Ladies Gaelic Football and all at Youghal GAA, welcome back to a new season of Gaelic Games. We are looking forward to a busy year with all sections of the club raring to go. We would like to thank the outgoing committees who made last year so memorable; with lots of successes on and off the field. For 2019, 'Best of luck to all the Managers, Mentors, Coaches and helpers. We are sure it will be an outstanding year for all involved. We would like to applaud and thank the many committee members behind the scenes; our Runaí, Registrars, PRO's and Treasurers, our Schools Liaisons, our Child Welfare Officer, our Coaching Officer and Coaching Committee, our Cultural Officer and our multiple sub-committees and volunteers and all the others who, without expectation of any personal reward, make Youghal GAA a safe and enjoyable place for the children and young adults of Youghal to spend time. Many of us are new to our roles this year which makes the prospects ahead all the more exciting.

This first edition of the Gazette will bring you news of the different aspects of our Club and we hope you enjoy reading it. We plan to produce more issues during the year. Let's hope everyone gets an opportunity of unearthing the potential that's within all our players, our teams and indeed, ourselves in the year ahead!

Le meas,

Hugh Dorrian
Eochail Óg

Sam Swayne
Camogie

Cormac Galvin
LGFA

Committees 2019

Eochail Óg

Hugh Dorrian (Chairperson)
Henry Nicholson (Vice Chairperson)
John O'Sullivan (Secretary)
Eimear Coffey (Vice Secretary)
Ger Motherway (Treasurer)
Jillian Corcoran (Registrar)
Anto Dillon (PRO)
Tony O'Leary & Catriona Hill (Schools Liason)
Alan Geary (Centre Regional Representative)
Áine Martin (Child Welfare Officer)

Camogie Association

Sam Swayne (Chairperson)
Donie Daly (Secretary)
Siobhan O'Keefe (Treasurer)
Sandra Kiely (Registrar)
Angela Arthur (PRO)

Ladies Gaelic Football Association

Cormac Galvin (Chairperson)
Annette Kennedy (Secretary)
John Murray (Treasurer)
Claire Kennedy (Registrar)
Sophie Monaghan (PRO)



Eochail Óg Team Messages

Under 6's (born 2013*)

Welcome to everybody who has been training with Eochail Óg under 6 age group the past few weeks and we are looking for boys and girls under six to play hurling football and camogie.

All are welcome. This is where it all begins your child's first step into Cumann Luth cleas gael Eochail. It is with baby steps we grow into playing at the highest grade in our club in hurling and football.

Meeting new people along the way making friends for life and having fun while doing so.

We have a club and facilities which rival any of the top clubs in the County and with the great recent success at under age level

we have coaches to rival also. We are rich in history and heritage and being a part of Youghal GAA is something to be very proud of for player's parent's coaches and managers.

In our nursery group which is kids born in 2013* (*2014 if started Primary School) we will encourage the children to learn as they go, meet boys and girls from the other schools in the town and form a bond with the club and each other which will set them up as the move through the years in Youghal GAA.

Training at present is on in Youghal GAA Hall Magners hill on a Thursday afternoon from 5-6pm. I'm available for any query a parent might have on 0863578647. It is from acorns we grow oak trees
Is mise le meas, Do Chara , Daithi O'Hici



Under 7's (born 2012)

After a hugely enjoyable first year for our group we welcome back all our returning players as well as any new interested boys and girls. We look forward to building on the skills already learned as the team continues to develop. We will get our first chance to compete in Rebel Óg Monster Blitzes during the year ahead, competing against other Cork GAA clubs. 2019 bring it on!

Dates to remember: 11th May Football Blitz, 8th June Hurling Blitz, 5th Oct Football, 19th Oct Hurling. We also have the Town Leagues to look forward to, we'll have plenty of challenge matches and a trip to see Cork Every Sat at 9.30-10.30 in the Hall, Club Áras. Contact: Eoin Coleman 0868767073





Under 8's (born 2011)

Our 2011 born players had a fabulous year in 2018 with their first involvement in Rebel Óg Monster Blitzes, playing various challenge matches against other neighbouring clubs and the Town Leagues tournaments, a team trip to see Cork in Pairc ui Chaoimh, playing, learning and enjoying their GAA skills and importantly the development of friendships and team spirit.

We look forward to further building on all these during 2019!



Dates to remember: 23rd March Football Blitz, 30th March Hurling, 13th & 27th April Football, 11th & 25th May Hurling, 15th June Football, 22nd & 29th June Hurling, 10th & 24th Aug Football, 28th Sept Football, 12th Oct Hurling.

Don't forget one of the year highlights the Town Leagues and we plan to go on a team trip to a Cork match!

Every Sat at 10.30-11.30 and Tues 6-7pm in the Hall, Club Áras. Contact: Chris Mangan 0879141842



Under 9's (born 2010)

Every Sat at 10.30am and Tues 7-8pm. Contact Richard Russell 0879926382.

Kids born in 2010 had many enjoyable moments throughout 2018 from playing in the new Astro Turf pitch in Pairc Ui Chaoimh to participating in the Hurling Town League's in May & June while also participating in Rebel Og mini-blitz throughout East Cork.

During the sunny summer months we had training in Copperalley on Saturday morning's where we also played neighbouring teams from West Waterford, Lismore, Cois Bhride, Dungarvan and An Gaeltacht to name but a few. In to the Autumn months, focus started to shift to the local Football Town League's and to the very enjoyable preliminary games before the big shootout on

Finals night. All in all the kids played 16 Rebel Og Mini-Blitz games in both hurling and football as well as playing numerous challenge games during 2018.

For 2019, the kids will play 20 games organised by Rebel Og, 10 in both hurling and football. There will be trips to the island (Cobh), the city (Douglas & Bishopstown), the hills (Kilara Og) and all around East Cork to name both a few. As we did last year we will continue to play some of the neighbours in West Waterford and beyond. All of this while plus the big event of every year, the local Hurling and Football Town League Finals, all the best to all the players born in 2010 who are U9 in 2019.

Above: The team photographed at Pairc ui Chaoimh last October with Cork footballer Rory Deane.



Under 10's (born 2009)

Every Wednesday 7:00 - 8:00pm in the Quality Hotel astro turf. Our Rebel Óg matches are starting on Saturday 23rd March of which there will be 10 hurling matches and 10 football matches this year. Contact Manager Aidan Foley 087-2201246



Under 11's (born 2008)

Contact Cormac Galvin 0870508474

Parents & Players, welcome back to training after the Christmas break. As you know the U11 team for 2019 will now be managed by Cormac, with Brendan still involved in the background along with Ger, Mick, Colman and Seamus. This year focus will be continuing development on the core skills of Gaelic games, fitness, agility and fun following on from the great progress we made last year. We will initially train on Saturday mornings from 10 – 11am and Wednesday evenings (6-7pm). You will get a text for each training session or match, simple rule “no text no training or match”. If any of you are not receiving texts please text Cormac (0870508474) your name and it will be added.

Ground Rules for Year:

- All players will be expected to show respect to each other, opposition, referees and to the coaches throughout the season.
- Any form of bullying will not be tolerated by the Club and will be dealt with via the Club's Disciplinary Process.
- Bad language will not be tolerated by the coaches
- At every training session or match, players will have to wear gumshields for football and helmets for hurling at all times.

As parents or guardians please encourage the lads to practice their hurling and football skills on a daily basis outside of the official training sessions. All players have shown fantastic progress over the last few years and let's continue this upward curve. Remember the saying that “Practice makes Perfect” and this is never so true when it comes to mastering the skills of Gaelic Games.

The Rebel Óg league fixtures were released last week and we will play 20 games throughout the year, first set of games up to end of June is listed below. In addition to these games we will also take part in the annual Parish Leagues and some challenge games or tournaments. All in all, plenty of action to look forward to throughout 2019. We also plan to finish the year with a fun based activity. For all games we would





appreciate if you text unavailability ASAP, otherwise we assume your son is available.

23rd March Football v Kiltha Óg in Castlemartyr

30th March Hurling v Erins Own at home

6th April Football v Erins Own at home

13th April Hurling v Killeagh in Killeagh

27th April Football v Cobh in Cobh

11th May Hurling v Ballincollig at home

18th May Football v Killeagh at home

25th May Hurling v Na Piarsaigh at home

8th June Football v Lisgould & Bride Rovers in Lisgould

15th June Hurling v Kiltha Óg in Castlemartyr

22nd June Football v St. Finbarrs in Togher

29th June Hurling v Eire Óg in Ovens

Under 12's (born 2007)

Mondays 7-8pm and Wednesdays 6-7pm. Contact: John O Sullivan 0868258515

The U12 team are adapting really well to playing the more structured 13 and 15 a side games that are played from U12 up.

Overall the team has worked really hard since the beginning of the year and there has been very good attendance at training and matches. We have made use of the all-weather facilities at the Quality Hotel to ensure training time has not been lost to the poor weather conditions.

We have played four football games, three Rebel Óg league games, winning two and narrowly losing one, and one other challenge game. We have played one hurling challenge game. The West Waterford hurling league and the Rebel Og hurling league will be commencing in April, so a very busy period for the team is about to commence and we hope that parents continue to support the games as much as they can.

The team is developing well, and hopefully into a hard working committed bunch of young lads the club and their parents can be very proud of. This year Ger O'Leary will coach the football, while Alan Geary and Cúlann Geary will coach the hurling with support from John O'Sullivan (Manager), Damien Smith, Dave McCarthy, Ben Bulman and Ray Kennedy. Your children are in good hands!

Under 13's (born 2006) / Under 14's (born 2005)

Under 13s and 14s both training on Mondays at 7pm. The U13s then again on Friday 7pm in the GAA Hall and the U14s on Sunday at 11am on the pitch. Under 13s photographed (left) at Croke Park last year as part of Littlewoods Go Games Tournament. Contact: Vincent Murray 0831009449

Under 15/ 16s

Sundays at 11am on Top Field, Club Áras. Contact: Con Spillane 0862584460

Minors

Training Tuesday and Friday evenings Contact: Fergal Keenaghan





Eochail Óg 2018 winning team photos

Under 13's: winners of P2A Hurling Championship and East Division Football Championship

Under 14's: winners of both P2A Hurling Championship and League & Tom Steele Memorial Hurling Tournament

Under 16's: winners of both P2A Hurling Championship and League

Under 13s



Under 14s



Under 16s





Young Referees 2018

A big THANK YOU to our Young Whistlers for 2018. Three of our u16s in 2018; Brian O' Driscoll, Cian Coleman Butler and Josh Varian helped out in our GO GAMES home fixtures as referees on several occasions. We really appreciate it that these lads, and some of our other young players who are helping out with teams on the coaching front, are mature enough and generous enough to see the value in giving a little back to the club. Well done to all three of you, and best of luck with the Minors this year.



Youghal GAA's Newest Level 2 Coach: Alan Geary

Following on the footsteps of Con Spillane, Ken Bulman and Donie Daly, Alan Geary has recently received the prestigious GAA level 2 Coaching Education Award. Our Gazette reporter caught up with Alan to understand the benefits this course has on him and on Youghal GAA club.

The Gazette reporter (GR): Alan, congratulations on achieving this Level 2 coaching award. I am sure you are well pleased with it.

Alan Geary (AG): Thanks, I am certainly pleased, not only for myself, which I am delighted its done and dusted but also for the club so as to continue the high standard of coaching within the club.

GR: Alan can you give us a bit of background to how the level 2 coaching came about for you.

AG: At the start of 2018 Sean Crowley approached me to get involved in the Cork East Celtic league team for 2018. I agreed and was only too delighted to help out. He came back to me a week later strongly advising that I undertake the level 2 coaching course which Rebel Og were running.

GR: Was a level 2 coaching award a prerequisite for your involvement in the Celtic League.

AG: Yes. Rebel Og were putting forward that any coach involved in an intercounty team in Cork would have to have level 2 coaching award. Of course, I was only too delighted to do the course as it was the next step for me in terms of my coaching.



GR: Was there much in terms of commitment for you.

AG: You could say that. It was held both in Pairc Ui Rinn and Pairc Ui Caoibh and was held over 4 or 5 weeks. 4 Saturdays half past nine to half past four and four Tuesdays seven to ten.

GR: Can you tell us a bit about the course itself.

AG: The course itself was set out in modules as they called them. The modules themselves ranged from the role of the coach, technical and tactical prowess, team play, physical fitness, playing facts and all this kind of thing. There were sessions on rules, talent identification, psychological focus and you had other areas covering nutrition, communication and life style.

GR: Sounds like a fascinating course.

AG: It certainly was an extensive coaching course [laughing], but I must say the caliber of coaches that

delivered the course was top class. You had the well renowned Paudi Buttler one of the top GAA coach in the country. We had Kevin Murphy who was the ladies' Camogie, Junior and Senior coach, we had Brian Lott, Pat More from Waterford who did the rules with us. We had one of the nutrition lecturers from UL and many more. I must say the talent of tutors as we call them were first class.

GR: Who else did the course with you.

AG: Other lads that sat the course were the other Celtic league coaches, Cork development coaches, Cork minor coaches, Cork Junior football coaches, UCC and DIT coaches and you had lads who are coaching Ladies Football and Camogie intercounty teams.

GR: So, you were with friends so.

AG: Certainly, but it was great to tap into them and hear their own experiences and tease out the topics or various scenarios posed in the course with them. It was excellent, it was really really excellent, and I have now made new friends along the way.

GR: How do you think this will help you as a coach.

AG: I suppose it's like everything, doing these courses and everything is grand but having the course behind you gives you that bit extra confidence. It's like when you're playing you know, it's the same as coaching, you need





confidence. If you don't have the confidence or the belief in yourself and your ability in coaching you won't be successful, let's put it that way. Besides, the lads or young fellows will see right through you. Doing all these courses certainly benefits you in that way.

GR: What else did you pick up from the course from a personal point of view.

AG: I think the big thing for me is as a coach, do you know everything... no you're always learning, you're always watching. If you go up and watch any coaching session in the club involving any team, you should be always open to new ideas, whether it be a new drill or conditioned game you might not have seen before. Maybe even talk to the coach and see what he hopes to get out of it. We are very lucky in our own club as we have top top-class coaches up there, Brendan Coleman, Brendan Ring, Ken Bulman, Peter Coady, Con Spillane, Vincent Murray, Pat Mackey. I can list the lads all day long, Micko Brien, Martin Desmond, Aidan Foley, Johnny Bulman, Taggart and many more. We are very lucky but as coaches you must keep your eyes open and you have to keep learning.

GR: Having done the course what two pieces of advice would you give other coaches in the club.

AG: Look No.1 is you have to have your sessions planned out, have it written down. Spend 20 mins to have the whole session planned out. It makes things a whole lot easier on yourself. I was never great for that. Not that I'd make it up as I go along, I would always have an idea on what I wanted to do, but now I don't care if it's an U12 session or an U16 session or an intercounty team, it's all written out its all planned out.

GR: What is the second one.

AG: One thing I have learnt is communication and I would advise other coaches to always communicate. No.1 communicate with each other, we can all tap into each other. We can all learn more. Communicate, Communicate, Communicate. And we can all learn off each other and make each other better coaches. More importantly we need to communicate with the players on coaching. It's not about just doing a drill. You must talk to the players afterwards explaining why we are doing the drill and what you are expecting to get out of it. You have to interact with them, how are they finding the drill, is it too hard, do they understand it. The coach will pick up so much valuable information for those couple of minute after every drill. That is one area I would definitely say that I have changed my whole outlook from having done the course.

GR: Thanks Alan for that. It looks like the course was a huge benefit to you and just listening to you, I can already see areas where I can also improve my coaching skills. So, thanks for that and on behalf of the Youghal CLG Gazette and Youghal GAA club we wish you the best of luck in your coaching career.

AG: Your quite welcome. Eochaille Abú.



Imokilly and County squad representatives 2018

Congratulations go out to our Youghal players Bill Cooper and Richie Cunningham who represented Imokilly in 2018, in the process winning the County final. Bill gave a mighty display in the final and was surely an equal candidate for Man of the Match as our excellent neighbour Seamus Harnedy. Bill of course won the Munster Championship with Cork again this year, his third time to win it. Cork were narrowly beaten by Limerick in the All Ireland semi final, after it went to extra time. He is a hero and great example for all our young players as well as all of us supporters. More from Bill later in the Gazette.

Eochail Óg Cork Representatives

Eochail Óg's Jack Corcoran play with the Cork U14s

The Cork U14s hurlers had a great 2018 year in winning won both the All Ireland Annual Tony Forristal and Sonny Walsh competitions in Waterford. The Final of which was held in Walsh Park. Eochail Óg's own Jack Corcoran played in the Tony Forristal Cork A Competition which was hosted by Waterford clubs St. Saviours and De la Salle. Jack put up a fine display of hurling in the Goalkeeper position.

It has taken a lot of hard work in school, Club training and regional squads before these squads were whittled down to the Cork Squads. Numerous training and matches took place in July and August all over the Country, culminating in the Tony Forristal and Sonny Walsh Tournament held in Waterford on the 25th August. The Cork Under 14s hurlers have been looked after by Games Development Officer Colm Crowley and his team. There were three matches in the Group stages to overcome against Limerick, Wexford and Laois; for Cork to make it to the final. On reaching Walsh Park the teams were led around the field by the Pipe Band and with highlights shown on TG4. Both Cork Teams were victorious and huge celebrations of joy were visible by all supporters, coaches and mentors. It was a wonderful day for the Corcoran Family. Jack was proud to represent Youghal GAA Club (a member since he started school), his school, family and proud to wear his County jersey in representing Cork! The day will be remembered and treasured always. The Corcoran's were very appreciative of all the kind and lovely messages received before and after the game for Jack. Eochail Abú!

Results

Tony Forristal Tournament Held in St. Saviours GAA Club Waterford

Group Stages

Cork 2-13 Limerick 0-04 (First Match) 10 am (20 minutes a side)

Cork 2-14 Wexford 0-05 (Second Match) 1.50 pm

Cork 5-17 Laois 0-05 (Third Match) 3.50pm

Final Score Line Cork 2-15 Kilkenny 3-06



Jack lifts the Tony Forristal Cup with brother Ger



Eochail Óg U15 hurlers play with Cork

Youghal had 3 players representing Cork in the Arrabawn U15 Inter-County Hurling Tournament on Saturday 25th August which was held in clubs throughout Tipperary, with Cúlann Geary making the A panel and Enda Cronin and Oisín Hill making the B panel. Cork's A team qualified for the Cup tournament after defeating Kilkenny in the quarter final a few weeks back, and would meet a very strong Clare team in the semi-final held in Tipperary Town. Unfortunately Clare got a run on Cork early on and to be honest the Cork lads never really got going. Clare were fully deserving winners and went on to win the cup final against Tipperary.

Cork then travelled to Cappawhite to play Galway in the plate final.

Exciting times for this match as Cúlann was named at centre back.

Lessons seemed to be learnt by the Cork A team and they put in a great performance, with Cúlann leading by example at number 6, and went on to beat a fine Galway side. Overall it was a mixed day after the disappointment of losing to Clare in semi-finals, but in the 3 games Cork played at the top level, they beat Kilkenny and Galway, so it shows that we are up there with the best at this age.

The B team had 2 great results over Galway and Tipperary to win out the B tournament.

Both performances were excellent and it was great to see 2 Youghal lads Enda Cronin and Oisín Hill coming back home with 2 All Ireland medals for the second year in a row. Enda had played nearly every minute of all Cork B matches through the year, highlight being his performance against Kilkenny B team in the qualifiers. It was also great to see Oisín get some game time on Saturday as he had broken his hand 6 weeks back and was only just getting the cast off his hand a few days beforehand.

On Saturday, they met a strong Galway side in the Semi final. The game was exciting with only one point between the 2 sides at half time. Cork came out a better side in the second half and took dominance of the game for most of the second half winning with 5 points to spare and booking their place in the final against Tipperary.

In the final, Cork got off to a good start but again it was a close game with a half time score of Cork 0.8 to Tip 1.3. Cork came out in the second half a better side and took total control of the game. They finished a much stronger team and won the Arrabawn tier 2 cup on a score line of 3.15 to 1.6.

Well done to Cúlann, Enda and Oisín for their performances with Cork on Saturday and throughout the year and for putting in the hard work, effort and commitment needed to compete at this level, a great example for the younger players in Eochail Óg. A special mention too to Ger Geary (past player) who was a selector with the Cork A team.

It's a very proud time for our club to have our young lads wearing the red and white jersey. These 3 boys and all their coaches, mentors put in a lot of hard work over the last few years to reach this standard. Thanks must go to all their trainers with Rebel Óg for all the work with these young men, we wish them well in the future. CORCAÍGH ABÚ!

Results: U15 A Cup semi-final: Clare 3-20 Cork 1-11. 3rd/4th place final: Cork 2-22 Galway 0-24 U15 B Cup semi-final: Cork 2-13 Galway 1-11. Final: Cork 3-15 Tipperary 1-06





Camogie

Easter Draw

Youghal Camogie will be hosting an Easter Draw on Friday 10th of May in Club Áras. Tickets on sale outside SuperValue on Saturday 27 March, or tickets will be available from team managers.

2019 Inter-County/ Divisional Representation

Cork U16A Donie Daly (Manager) Jenny Doyle, Kate McCarthy

U15 Imokilly: Avril Cashman

U14 Cork: Alex Cashman, Amy O'Connell, Jane Savage



U13A East Cork Winners 2018

Team Management/Training times

U8 Friday 6-7 Joe O'Connell, Jason Barrett, Peter O'Connell, Paul Moylan, Mary Flynn

U10 Wednesday 6-7 Catriona Hill, Dan Leahy, Fergal Cronin, Allannah Finn, Sophie Monaghan

U12 Monday 6-7 Brendan McCarthy

U14 Varies Evelyn Cashman, Anthony O'Regan, Vincie Murray

U16 Thursday 7-8 Sam Swayne, Ken Bulman

Minor Thursday 7-8 Sam Swayne



Enjoying our end of year outing at the Regal Cinema Youghal





Ladies Gaelic Football Association

Youghal Ladies Gaelic Football Club had another tremendous season in 2018 with all of our teams competing in official competitions bringing home silver wear. Pride of place must go to our Junior Ladies team who won the club's first adult title when they won the 13 aside Junior C County title. Special mention must be made to 10 of the U16 panel who were key contributors to this Junior win. In addition, this group of players also won U16 and Minor league titles.

For the record the Club won the following in 2018;

- U12C East Cork Championship
- U14A East Cork Féile Champions
- U16B East Cork League
- Minor C East Cork League
- County Junior C 13 aside Championship



In addition, we were runners up in the U13A Championship, U14A East Cork League, U14A East Cork Championship and East Cork Junior C Championship.

Across all age groups from U16 down our numbers are strong which bodes well for the future but from Minor up to adult we are heavily reliant on U15s and U16s to complete our panels. This is an area that we continue to monitor and manage carefully to avoid player burn as many of these are dual players. The return of some older girls has somewhat alleviated this but also increased competition for places which is always a healthy sign.

In 2018 Youghal Ladies Gaelic Football Club had Cork representatives on U16 (Kaiah Bulman) and U14 (Avril Cashman). We also had numerous representatives on the Imokilly Divisional squads at both U13 and U15 age groups. Pobalscoil also won the Munster Senior D Final with a large representation from the Club making the team.



In 2019 we will continue with the great work and effort given by all mentors across our teams from U18s right up to Junior. We will kick start our year with an Awards Night in conjunction with our Camogie Club on Friday 22nd March. Keep an eye out for the style. With most teams up and running in the leagues, best wishes to all involved for 2019. We have also continued to supply players into the Cork set up with Alex Cashman and Jane Savage representing the Club on the 2019 Cork U14 panel.





Coaching Committee News

Youghal GAA win 3-in-a-row Gold Standard Coaching Award

Youghal GAA recently received the distinctive award of GOLD standard for 2018 in the Cork Rebel Óg Benchmarking 2020 coaching programme. This is the third year in a row Youghal has received this highest category which is a testament to the huge work put in by our first-rate coaches.

We are very proud that Cork GAA has recognised again the dedication, time and great care our coaches give their teams. While we had some great successes on the field last year, not least our six county cups, this additional recognition underpins the outstanding commitment to coaching in the club at all age levels.

This is what is required to stay at the highest level:

- Solid club structures are in place with the appointment of a dedicated Coaching Committee and Coaching Officer.
- A Children's Officer and active Primary and Post-Primary Schools Liaison Officers are in place.
- Establishment of Coaching Programmes in the Youghal GAA calendar which include Cúl Camps, Mid-term camps such as our Easter Camp for Advanced GAA skills as well as various specialist workshops.
- A thorough Coaches Education programme which encompasses Foundation Courses and Child Protection workshops, through to level 1 and/or level 2 Coaching awards. In addition, on-going Coaching workshops are organised.
- Participation in the Young Referees programme.
- Participation in the Dr Wesley O'Brien/ Rebel Óg physical development and injury prevention programme.
- Participation by our top players in Rebel Óg development academies and squads.
- And last, but not least, a full programme of at least 20+ games for Youth players at all ages.

The Club and Coaching Committee would like to thank all the Coaches for the work put in last year and so far this year, and indeed engaging with the club programmes. We wish all teams the very best of luck in the upcoming tournaments, leagues and championships.

Upwards and onwards for 2019, Eochail Abú.



Aidan Foley accepts Gold Standard Award on behalf of Coaching Committee

Foundation Course

Youghal GAA hosted a Dual Foundation Course in Club Áras on 6th March 7-10pm and Saturday Morning 9th March 9am - 1pm. It is a requirement that all Youghal Coaches to have this course.

The GAA Foundation Course is the first step in coaching at any age level. With legislation now in place its advisable that all adult



mentors and coaches of teams must have a minimum of Foundation Course completed before they can become a coach. The Foundation Award course is aimed at beginner coaches and will enable participants to assist a coach in the organisation of activities to develop Hurling or Gaelic football. The course is 7 ½ hours in duration (or 9 hours for dual hurling and football course) and covers 4 key modules, as well as Introductory and Conclusion modules. The Foundation Course is also the first step in progressing to further coaching awards.

Child Protection

As part of the Department of Children and Youth Affairs' Children First Act of 2015, all GAA coaches, mentors and volunteers must be Garda vetted. For coaches to receive their Foundation level certification they must complete a Child Protection Awareness Workshop. On Friday 1st March we hosted a Child Protection course for our Foundation level coaches and mentors. The workshop is for the benefit of

everyone involved in children's sport and provides introductory information on codes of conduct, bullying, recruitment, as well as guidelines for the best practice in child protection. Each GAA Club has appointed a Childrens Officer to ensure that the protection and welfare of children is of paramount importance, our Club Childrens Officer for 2019 is Áine Martin contact: 0877641081

Code of Best Behaviour

The Code of Best Behaviour is the standard that we ALL in Cumann Lúthchleas Gael (The Gaelic Athletic Association), Cumann Camógaíochta (Camogie Association) & Cumann Peil Gael na mBan (Ladies Gaelic Football Association) aim to hold to ensure that everyone working on our behalf emphasises FAIR PLAY, RESPECT, EQUALITY, SAFETY and NO DISCRIMINATION in all aspects of our work with children and young people.

Maintaining Appropriate Levels of Behaviour in our Work with Children & Young People addresses the appropriate levels of behaviour, practice and conduct required from our young players, officials, coaches, trainers, mentors, supporters, parents/guardians and clubs.

Everyone involved in our sports and activities should accept the roles and responsibilities that they undertake as we commit ourselves to maintaining an enjoyable and safe environment for all. The safeguarding of our members will always be a key priority as we recognise that the welfare of the child is of paramount importance in our work as we promote good practice and assist those who promote and deliver our games to the highest possible standards.

As a club we now have over 120 members who attended the Code of Best Behaviour course as Youghal GAA Club continues to promote and supports the appropriate levels of behaviour. This course is run annually at the Youghal GAA Club and we encourage mentors, administrators and parents to attend. If you are interested in attending a Code of Best Behaviour course please contact our clubs Children's Officer, Áine Martin 087-7641081.



Cúl Camps 2019

The best week of the summer is on the horizon... CÚL CAMP!! This years Cúl Camp take places in Club Áras on the week beginning Monday July 22nd. It will run from 10am to 2pm Monday to Thursday and from 10am to 12pm on the Friday. The official online booking system is now closed with a list of children already on a waiting list. For more details contact Tony on 087 2862000 or Catríona on 086 1951128.



Club memberships 2019 now due

Club Memberships for 2019 are now due to new GDPR Regulations all Membership must be paid through the club website.

Juveniles: Born in 2014: €10; Born 2011 to 2013: €30; Born 2001 to 2010: €50

Full Time Students (age 18-22): €75; Adult player: €100; Non paying Adult: €50

Non-playing Adult & 1: Child €90.00

Family Membership Options:

Family Membership €150.00 (2 Non Playing Adults & 2 Children)

Family Membership €180.00 (2 Non Playing Adults & 3 or more Children)
(www.youghal.cork.gaa.ie)

Membership closes on the 31st March 2019.

Youghal GAA online pitch calendar

Youghal GAA online Calendar is now available for all to see. Go to <https://youghalgaa.skedda.com/booking> and see the schedule of all team training times, matches and club events in real-time. Save the link to your favourites on your phone and keep up to date with what's going on at Youghal GAA.



Interview with Bill Cooper, Cork Senior Hurling Vice-Captain

Bill Cooper needs no introduction to Youghal GAA fans, he is the local hero in the Cork team, as a mainstay in Cork's midfield for the last number of years. He is known for his work rate on the field, for the amount of ground he covers, he is a grafter for the team putting in a huge shift in each game. Breaking up opposition play, getting stuck into the rucks: he's a teak tough hurler who has become very heads up in his play and is a great link man in the Cork set up. He's never found wanting and through hard work his accuracy in his point taking has improved massively (eg: 4 points from play in the County final for Imokilly last year), showing you can always improve when you work hard on your hurling game.

Bill is a very humble person and will always give a friendly acknowledgement to people he meets, he goes out of his way to offer encouragement to the young players of Eochail for whom he is a hero and wonderful example. If you're on a hurling field with him though, don't get in the way of one of his shoulders as they could send you into tomorrow!

When did you start playing with Youghal GAA? Were you always a sporty kid and dreaming of being a Cork hurler when you grew up?

Bill: I suppose I was sporty, hurling was the first game I started playing, later I played a lot of rugby but hurling was my number one sport when I was underage. I first started playing when I was 4 or 5, my earliest memories are coming up to Magners Hill when there was only just the small clubhouse here and a couple of containers.

A: You were with the Under 6's?

B: Yeh I think my Mam used to say that I was too young when I wanted to come first, I had to wait another year or two.

How did your underage playing career go?

Good we had a very strong team at underage, we won the Cork Féile Under 14. We were always very strong at underage. Con Spillane was our manager all the way to Under 16. A lot of lads who are still playing now - Conor Spillane, Richie Cunningham, myself, Leigh Desmond, Chris Mangan - he's made the comeback last year.

A: Did yee stay together then till you got to Minor or?

B: We would have, then lads kinda drifted away as is normal, different things but most lads have come back to it now.





Having started at such a young age it is a rare achievement to have played and progressed through the levels becoming the Cork vice Captain as you are now, what would you say about the drive and work you have put in to achieve this?

It's been enjoyable really is the main thing, it's been very enjoyable. When you break it down you just take it game by game and training session by training session, day by day like most people go through life. It's probably just evolved now that I'm vice Captain of the Cork Seniors I suppose the focus is just to get your starting place really and to be a part of a successful team.

A: How did you break into the Cork County setup?

B: I didn't play underage with Cork, I'm one of the few, there's a number of lads that didn't play underage - Seamie actually didn't play underage with Cork, I'm one of those as well. I came in in 2010 when I got on the Cork Intermediates. I was playing for a few years with the Youghal Premier Intermediates and showing up well and I got a call up to play with Cork Intermediates. We had a really good run, we were beaten in the All Ireland final by Kilkenny, but we won the Munster. Then Dennis Walsh

brought me on to the Cork panel in 2011.

A: You held your ground there ever since?

B: I did, well I got a back injury at the start of 2012 and I was out for 14 months until March 2013 with that. I got two bites at the cherry I suppose, in 2013 we had a very good run with Youghal and won the County, Munster and reached the national semi final. I got brought back in with the Intermediates then in 2014.

You've had many great achievements as a hurler - which ones stand out for you?

Winning the three Munsters with Cork has been brilliant, especially the last two years we feel we're very very competitive. My first major medal as an adult was winning the County with Youghal was very very special, especially captaining that was very enjoyable. That is probably the one I look back on with the fondest memories.

A: What about winning the Senior County with Imokilly?

B: Last year, yeh yeh, that was very enjoyable as well. They all have on their own merits, every medal is hard fought and hard to come by so, they're all precious. I think winning the County in 2013 was very very special.

Cork have been very close to reaching an All Ireland final in the last 2 years, how are things looking for this years Championship?

We feel we are very competitive the last couple of years but you're only as good as your next match, that is the approach. It is wide open this year, as it was last year. That is a positive and a negative, we feel like we have a good chance of doing something good but it just comes down to being competitive in every match.

What are your ambitions for the year ahead for club and beyond?

Taking it game by game really, try to be as competitive as we can be in every game. With Youghal now it is very important, our first round against Castlelyons is a massive game for us. With Cork try and put your best foot forward at every opportunity you get.



What do you think sets a County player apart from a good club player? Obviously skill and speed but is it also things like discipline, life style choices, attitude - what's that x-factor?

It's different for different people, some people are more naturally talented than others, depending on position as well of course. Something that definitely separates players is mentality. Mentality is really the defining factor really between players.

A: You mean in terms of commitment or?

B: In terms of what your thoughts are and what your thoughts are of what you're capable of, if you set limits for yourself, what your goals are, what your motivations are; it all comes back to peoples' mentality, that's what separates players.

In terms of skills, all are important or course, but could you pick out 3 or 4 that really should be given that extra bit of work. For example, some say these days that winning the high ball/ primary possession is a vital skill for the best players?

I think you break it down for all over the field. Different positions require different skillsets. Definitely in the likes of your half forwards and half backs it is being strong in the air, but that might not be the same for a corner back or corner forward and lads playing inside. I suppose corner backs are playing out in front so they are attacking the ball, their first touch has to be as good as forwards. There are so many skills in the game of hurling I don't think you can narrow it down to one particular skill. Players need to be adaptable and need to be obviously putting in the work to be very balanced, striking left and right, your touch needs to be good. Positional specific skills need to be worked on if you're going to play in a particular position.

What advice might you give to young players starting with big dreams of playing for their County or those at the difficult transition phase between teenage and adult, when they can drop out?

From my own point of view I can only speak from personal experience. I think underage an awful lot can be made of who is the best player and who is considered a very strong player what a lot of young people aren't told is that everybody develops at a different speed and at a different time. I know that physically I was probably a late developer. I probably shot up from when I was 17-20 or 16-19. As long as players have all the skills that they practise the skills, understand the game, that they are receptive to coaching which is an important aspect as well and willing to play their role for a team. As you develop and get older when you have all those skills and get more physically stronger and a bit more mature - players develop at different paces. I think that there is a massive window of opportunity after you are 16 rather than - a massive focus can be put on a player when you're 12, 13, 14 but the real window of opportunity kicks in when you hit 16- 22. I think that is very important for a players development.

A: You know you said earlier about that phase where players might drop out, I know they might come back later, but it might be too late to get up to the highest levels.

B: I think there needs to be and even with us; we put a massive emphasis on enjoyment it has to be enjoyable. Eventhough it might seem like life and death - winning and losing - but there still needs to be enjoyment in that, in the hardship of training, in the training hard and in the sacrifice. There has to be enjoyment and I think that is a very important.

A longer version of this interview will appear in *Eochail Abú #1 A Youghal GAA Fanzine* by Anto Dillon, forthcoming



Meet the Manager: Vincent Murray interview

When did you become involved with Youghal GAA?

'Started when I was about 7 playing in town leagues. I have great memories of the town leagues. We had some great teachers and we would often go straight upto St Raphaels after school and play matches with Luke McAuliffe and Mr. Sheehan. We won some tournaments in Mount Sion and North Mon with Con Cooper (RIP), Bill Cotter (RIP) and Brother Midleton. John Parker would have been my main influence throughout my time playing with Youghal.

What was your position as a player and What are your proudest accomplishments as a GAA player and manager

At Under Age level, I was mostly midfield and at Adult level I would have played mostly full back or wing back. My favourite position would have been wing back. My proudest moments for the club would have been the 1993 County Intermediate win and with Cork it would have been as captain of an All Ireland Junior Hurling winning team.

Name your 3 favourite sports heroes and why?

Hurlers Jimmy Barry Murphy and DJ Carey, they were just special and they always delivered. Kenny Dalglish was my favourite soccer player.

Who do you tip for this years All Ireland?

My heart says Cork, but Limerick would have to be favourites. They have started 2019 in great form and last years All Ireland win has not gone to their head.

What was the most memorable sports game you attended and why?

1984 Centenary hurling final. Cork beat Offaly in Thurles, I travelled there with John Parker and I'd say another 10 in the car. Atmosphere was unreal, Youghal man Seanie O'Leary scored 2 of the best goals you will see. I can still remember them vividly. I have to mention Ruislip in 2013 when Youghal played in London as part of their All Ireland campaign, it was more the occasion than the actual match, meeting people from all over the UK who had travelled to cheer Youghal on.

What hobbies or interests do you have other than sport?

I like to go for a run as often as possible to keep fit. My interests are dictated by my kids at this stage and we, we are always up to something.



Vincent with the twins



As a proud Youghal GAA man what are your hopes for the future of the Club?

My hope is that players stay playing and that we can field 3 adult teams in both hurling and football. I firmly believe that the Youghal GAA Club are providing an incredible outlet to kids and it's the responsibility of parents to prevent their kids from dropping out, especially at that 16/17/18 age.

Name your dream 15 of current players (can be from any county)

Eoin Muprhy (Kilkenny), Daith Burke(Galway), Ritchie English (Limerick) Padraic Mannion (Galway), Pauric Maher (Tipperary), Declan Hannon (Limerick), Lee Chin (Wexford), Bill Cooper (Cork) , Cian Lynch (Lim), Darragh Fitgibbon (Cork) Seamie Harnedy (Cork), Peter Duggan (Clare), Patrick Horgan (Cork), Joe Canning (Galway), John Conlon(Clare), Micky Welsh (Rhinecrew)



Vincent with Micky Welsh

What is your favourite food?

TBone Steak, Chips, Peas, Onions and Mushrooms

What is your favourite TV show? Movie? Album?

Sunday Game, Shawshank Redemption, Bat out of Hell

Cúrsai Cultúrtha

Tionól Oirthear Chorcaí

This was held in Óstán Old Imperial on Aoine 11th agus Satharn 12ú Eanair. Talks were given on the writings of Pádraig Phiarais Cúndún; Tionchar na Gaeilge ar Eochail; Tarrtháil Chróga in Aird Mhór; Saothar Sheáin Uí Dhreada agus Cuairt ar Gheata an Chloig.

Scór Sinsir, Scór na nÓg agus Scór na bPáistí were held and a new comórtas was held for Second-Level Schools and proved to be a huge success.

Eochail Tráth na gCeist team won the East Cork Jubilee Comórtas Scór Sinsir. The victorious team were Billy Carroll, Liam Ó Laochdha, Ray Kelly agus Mickey Walsh.

Photos from the Archives



First Dressing Rooms Magniers Hill we've come a long way



Street League: Back L to R: Robert Hayes, Rory Walsh, Conor Hennessy, Calum Hogan, Shane Buckley, Ryan Coady. Front L to R: Feidhlim McSweeney, Darragh O'Connell, Cuan Kennelly, Eoin Desmond, Mikie O'Sullivan, Adam Curley

No. 1 Street League



Cork Senior Hurling team v Waterford 8th June, 1975 at Walsh Park, Waterford. Back L to R: Martin Coleman, Jack Barrett (County Board Chairman), Ray Cummins, Jimmy Barry Murphy, Paddy Barry, Martin O'Doherty, Con Roche, Tony Maher, Justin McCarthy. Front L to R: Brian Murphy, Pat McDonnell, Dinny Allen, Charlie McCarthy, Pat Hegarty, Séanie O' Leary, Willie Walsh.

1975 Cork team, is this the Cork team with the most Youghal men in the history of the club?

Long Puc 1985 - Cork to Youghal Town Hall - now theres an idea for a fundraiser



1985 Cork to Youghal Long Puc: Back L to R: Martin McCarthy, Paul Kenefick, Kevin Curtin, Liam O'Leary, Michael Herlihy, ?????, John Butler, Seamus Gardiner, ?????, David Loughman, Séan Coyne, ?????, Finbarr Ronayne, Willie Doyle. Second Row: L to R: Noel Hogan, Con Spillane, Michael Coyne, Michael Roche, Kevin Cooney, Frank Keane, Victor O'Shea, ????? Ger Motherway, Mick Walsh, Liam Ó Laochda (baby Cathal Ó Laochda). Third Row: ????? Lupton, Anne Phelan, ????? O Flaherty, Jim Daly, Pat Clancy (Chairman Youghal UDC), Caroline O'Neill, Jeanaette Power, ?????, Siobhán Cooney, Paddy Ring, Tomás O Connell. Front L to R: Ian Parker, Robbie O'Sullivan, ?????, Justin O'Sullivan



Youghal GAA signs up with Refill Ireland to encourage use of reusable water bottles and ditch single use plastic bottles

On March 21st Youghal GAA launched its' new initiative to reduce single use plastic water bottles and to encourage reusable bottles at our Club. We are one of the first GAA sports clubs in the country to take such a positive and proactive step. Although Croke Park introduced a ban in it's stadium this has not been rolled out at Club level. Single use plastic water bottles are a great source of plastic pollution and litter. As a method to encourage the use of reusable water bottles Youghal GAA has signed up to Refill Ireland to promote to Club members, players, visitors and members of the public that they can fill their water bottles at our outdoor tap.

It is estimated that 26 million tonnes of waste plastic is produced in Europe annually with experts claiming that, by 2050, we could have more plastics than fish in our oceans. Ireland is the worst offender when it comes to plastic waste, with over 60kg being generated per person per year. As a thriving GAA sports club Youghal GAA knows that hydration is an essential part of playing sport, we know too that unfortunately single use plastic water bottles are the most common item littered on the Club premises. As a way to address this and encourage the use of reusable water bottles Youghal GAA is partnering with Refill Ireland to encourage the public to get tap happy and switch to reusable water bottles, as concerns on plastic pollution increase.

Refill Ireland is an environmental initiative aiming to make Irish towns and cities tap water refill friendly for everyone while on the go. We locate and encourage the creation of locations where filling your reusable water bottle for FREE from an increasing number of refill stations becomes an easy to do everyday habit helping hydration and ultimately protecting our environment from bottle waste.

According to Martha Doyle of Cork Environmental Forum: "People want to help stop plastic pollution, and Refill puts the power in people's hands to do that. We are very proud that Youghal GAA is coming onboard and showing itself to be a great community leader in this field to other sports clubs around the country."

For Eochail Óg Chairman Hugh Dorrian "When this initiative was brought to our attention we didn't need much convincing that this is a very good idea for both the



Members of Youghal GAA at the Refill launch



community and for our club. It's a great privilege to be able to play a small part in influencing young peoples habits around the use of plastics. I'm delighted that Youghal GAA has stepped up to reduce plastic-bottle waste, which ultimately will help to keep Youghal streets, beaches and water free of waste plastic.'

We are asking Managers, players, parents, supporters and visitors to our club to use reusable water bottles going forward, refill them at our outdoor tap and make sure to bring them home with you!

Rivalries Renewed Charity Match at Club Áras

This May Bank Holiday Weekend, the only place to be is Club Áras on Magners Hill. We are hosting a Cork vs Waterford match between old (somewhat older now!) rivals

of the late 90's and early 00's. Captained by Joe Dean and Dan Shanahan, we will see stars like Seán Óg O'hAilpin, Diarmuid O'Sullivan, Ken McGrath, Tony Browne, Seamus Prendergast, John Gardiner and 'almost' local man, Peter Queely to name a few. ALL gate proceeds on the night will go straight to our local Youghal Cancer Support Center, which give's vital assistance to people of the East Cork and West Waterford communities.

This is a totally voluntary group and after meeting with the trustees of the group to discuss what the monies raised could be used for, they have asked us to help them to purchases 2 electrical therapy beds and to help develop an existing back building to convert it in to a "Mens Shed". The group feel that not enough men are using the facilities and that if the could give them their own space first then they might find it easier to integrate.



Stewarding at Ironman on June 23rd

Youghal GAA are providing stewards to help out with the Ironman next June 23rd. We are very lucky to be given 2 food stations right in the middle of the atmosphere for the day. This ensures that anyone willing to help us on the day won't miss out on anything!! We will be expecting ALL teams in the club, both underage and adult, to provide a min of 5 volunteers over the age of 16. This will be a great event for the town and we are very lucky to get the chance to partake in it while also fundraising for the club. Please inform your teams ASAP and get them to commit to this. Places will be filled as they come in, so 1st come 1st served.

- Food Station 1 (run) is on the Front Strand, we need people from 12am to 12 pm. We will break it in to 4hour shifts but if someone wants more then that's fine. 12-4pm, 4-8pm and 8pm to midnite.
- Food station 2 (bike) is at Farrells from 9am to 1.30.
- We need 20 people over 16 at any one time on these stations.

Please txt on names and numbers to Catríona 086 1951128 ASAP





Presentation to Finbarr Coleman

A small presentation was made to Finbarr Coleman to mark his retirement as co-ordinator of the County Board draw. Finbarr has co-ordinated the draw for Youghal GAA Club for 15 years. Thanks for everything Finbarr!

Operation transformation walks

Youghal Gaa in partnership with Youghal Community Health Projects 'Happy Feet Walking Group' hosted the Operation Transformation 'Light Up Ireland. For 6

weeks the Youghal community gathered every Thursday to walk one of 2 routes a 1.5km or a 4.5km route. We had over 300 people take part on night one (see photo below right) and had an average of 100 people every other night. Thanks to Aidan Foley, Nicola Lucey and all the volunteers for an extremely well organized event.

Scór winners



East Cork Scór Jubilee winners Trath na gCeist: Billy O'Carroll, Liam O'Laochdha, Ray Kelly, Micky Walsh



Presentation to Finbarr Coleman by Treasurer John Ward, Ned O'Connell and Chairman Alan Hennessey



Club Facilities

Any members that need to hire the hall or bar please contact our Facility Manager, Ken Bulman on 086-6013225 or email kenbulman@gmail.com

Gazette Credits: Contributors: Hugh Dorrian, John O'Sullivan, Anto Dillon, Catríona Hill, Alan Geary, Jillian Corcoran, Sam Swayne, Sophie Monaghan, Assumpta Parker. Photography by Maurice Cronin and various. Thanks to interviewees for their time. Layout and Design: Anto Dillon. Correspondence to eochaillogpro@gmail.com